

A photograph of two female soccer players in action on a green field. The player in the foreground is wearing a light blue jersey with the number 3 and dark blue shorts. The player behind her is wearing an orange jersey. A white soccer ball is on the grass near the player in blue. A semi-transparent grey banner is overlaid across the middle of the image, containing the main headline.

Are you getting your 60 minutes?

Less than half of Indiana high school students were physically active for at least 60 minutes per day on 5 or more days during the week. Move. Be Active. Everyday.

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